

SigEp

The Balanced Man Program

In 1991, SigEp sent a shockwave through the fraternity world by passing Resolution 37. The resolution, passed by SigEp's undergraduates and fraternity officials, called for a member development program that would "transform the pledging process... to emphasize achievement in the chapter, campus, and community."

Focused on continual, holistic member development that promotes balanced living and combats destructive behavior, the Balanced Man Program is more than just a program — it's the center of the SigEp experience.

The program is founded upon five philosophical tenets:

Equal rights and responsibilities- *Full membership upon joining*

Continuous Development- *Growing throughout life*

Accountability- *Committing to SigEp's high standards*

Living the Ritual- *Incorporating SigEp's values into everyday life*

Mentoring- *Maximizing growth through guidance and support*

...and takes the form of four self-paced challenges that span throughout the college career.



...focusing on six areas of development.



SigEp
Knowledge and understanding of the Fraternity.



Sound Mind
Intellectual and academic growth and performance.



Sound Body
Physical health and wellness.



Personal
Emotional and cultural growth.



Leadership
Growth and experience as a leader.



Professional
Preparation for career success.

To learn more about the Balanced Man Program, visit the SigEp website at www.sigep.org/bmp